

British Library: Cotton MS Vitellius C III, Sloane MS 1975, Royal MS 12, D XVIII

Working as part of a STEM-Arts consortium to research the historical use of natural products as antimicrobials

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DAS MITTELALTER BEIHEFTE

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Infections and Infestations Date applied 05/01/2021 Date assigned 08/01/2021 Last edited 22/10/2021

Prospective/Retrospect Prospectively registered Overall trial status Ongoing Recruitment status No longer recruiting

Chris Jones, Conor Kostick, Klaus Oschema (Eds.) MAKING THE MEDIEVAL RELEVANT HOW MEDIEVAL STUDIES CONTRIBUTE TO IMPROVING OUR UNDERSTANDING OF THE PRESENT

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#### Education

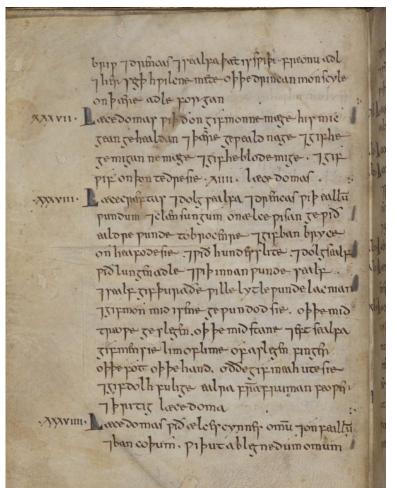
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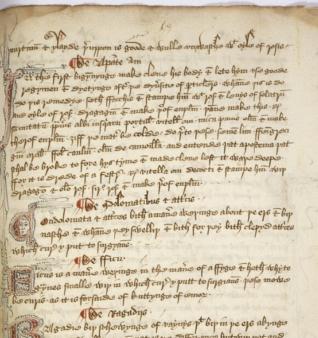
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# Looking back to move forward

#### Bald's Leechbook – Old English, 10<sup>th</sup> century British Library Royal MS 12 D XVII



#### *Lylye of Medicynes* – Middle English, 15<sup>th</sup> century Bodleian Library MS Ashmole 1505



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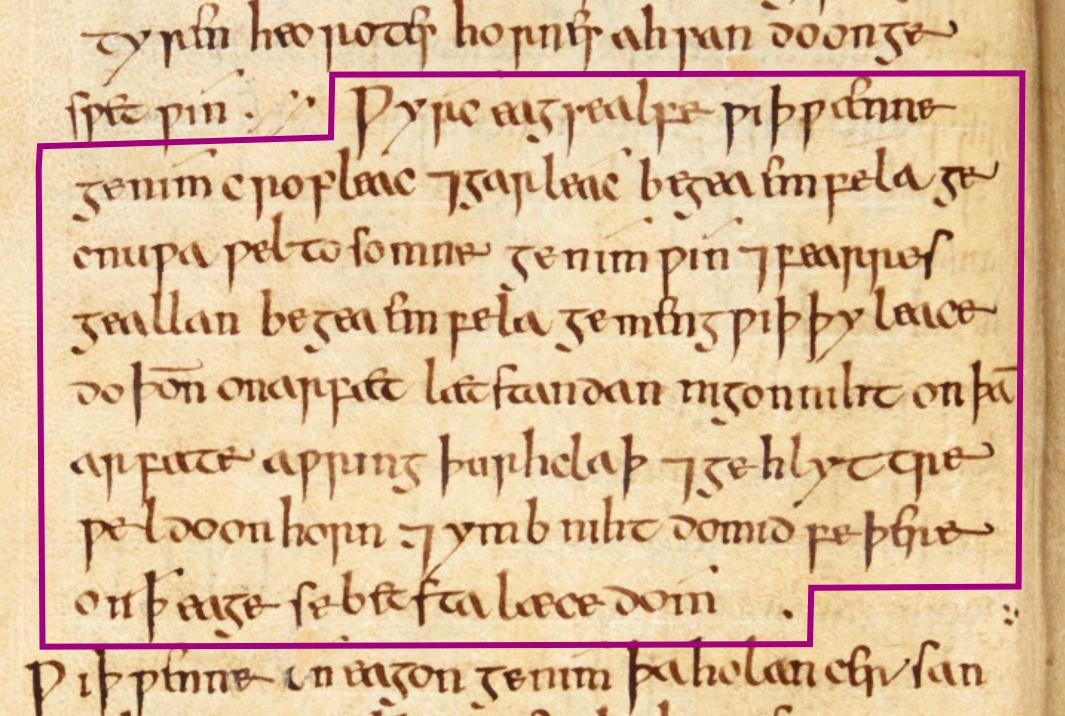
Dr Christina Lee, U. Nottingham



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Dr Aled Roberts, Swansea U.

Dr Steve Diggle, Georgia Tech



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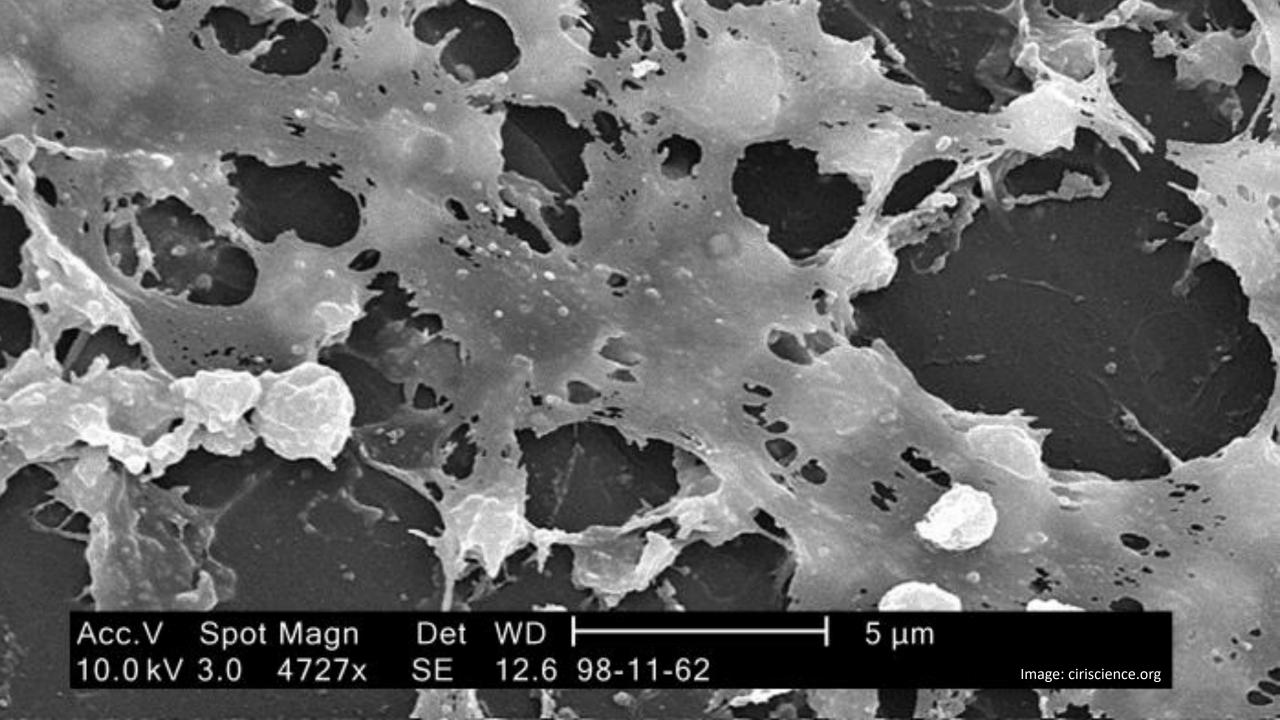
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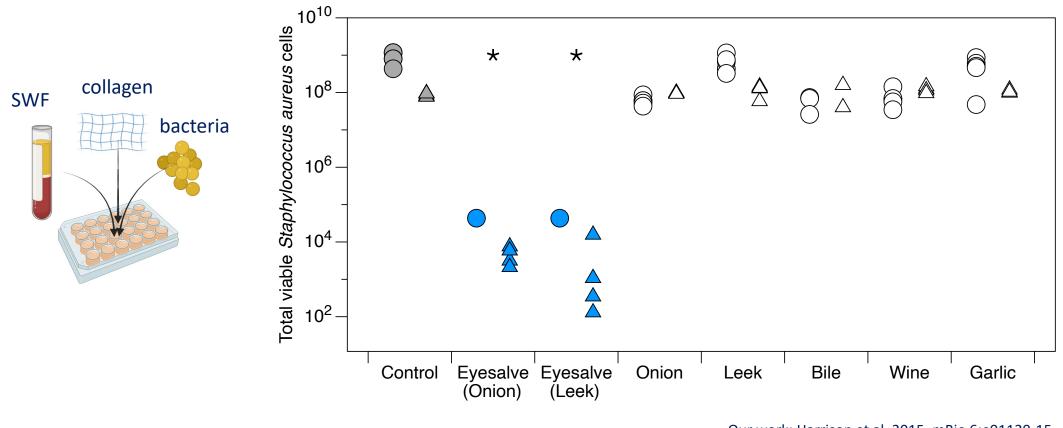
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Bald's Leechbook British Library Royal 12, D xvii © British Library Board





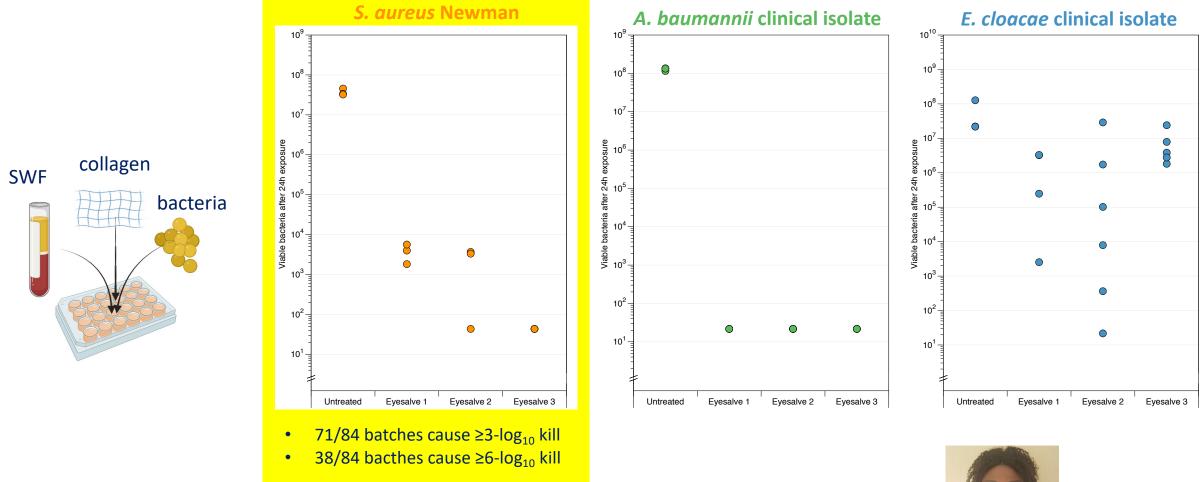
# Our first results: Bald's eyesalve kills *S. aureus* in a wound biofilm model



Our work: Harrison et al. 2015. mBio 6:e01129-15

Wound model: Werthén et al. 2010. APMIS 118:156

# Further tests in a synthetic wound biofilm model



Our work: Furner-Pardoe et al. 2020. *Scientific Reports* 10:12687 SWF/SCW: Werthén et al. 2010. *APMIS* 118:156

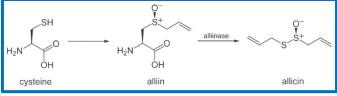


Dr Blessing Anonye

PDRA at Warwick  $\rightarrow$  Lectureship at U. Central Lancashire

# Antibiofilm activity requires >1 active molecule





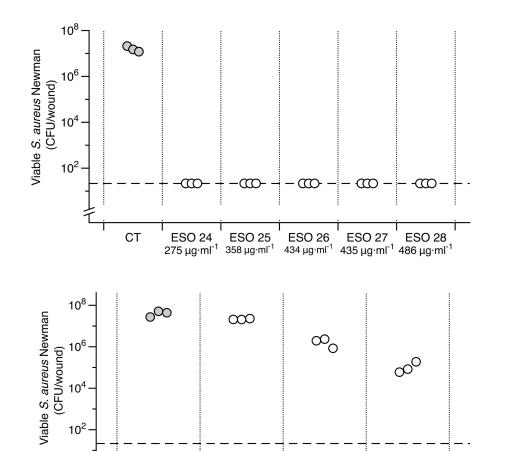
- Explains most bactericidal activity in planktonic culture
- Is not a good drug candidate

But allicin cannot explain activity of Bald's eyesalve in SCW biofilm...

Allicin

300 µg⋅ml<sup>-1</sup>

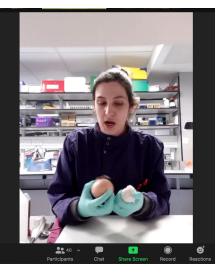
Allicin 500 µg⋅ml<sup>-1</sup>



Allicin

100 µg⋅ml<sup>-1</sup>

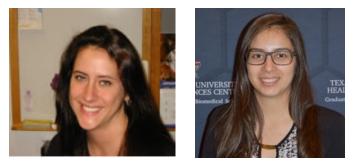
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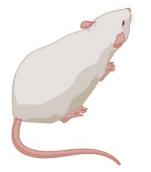
Dr Jess Furner-Pardoe MRC DTP at Warwick  $\rightarrow$  UKHSA

Furner-Pardoe et al. 2020. *Scientific Reports* 10:12687

# Does it work on a "real" biofilm in host tissue?



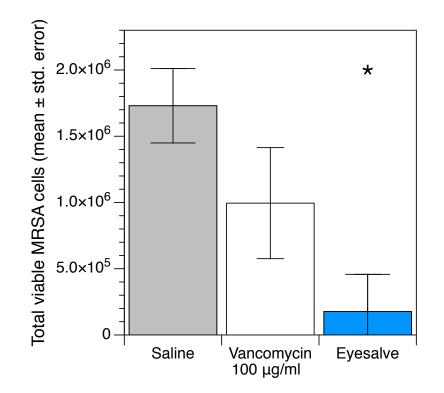
Dr Kendra Rumbaugh, Rebecca Gabrilska @ Texas Tech.





Surgical wound + OpSite dressing

Biopsy tissue from mice with MRSA wound infection, exposed to Bald's eyesalve / vancomycin / saline for 4 hours



Our work: Harrison et al. 2015. *mBio* 6:e01129-15 Mouse model: Dalton et al. 2011. *PLoS ONE* 6:e27317

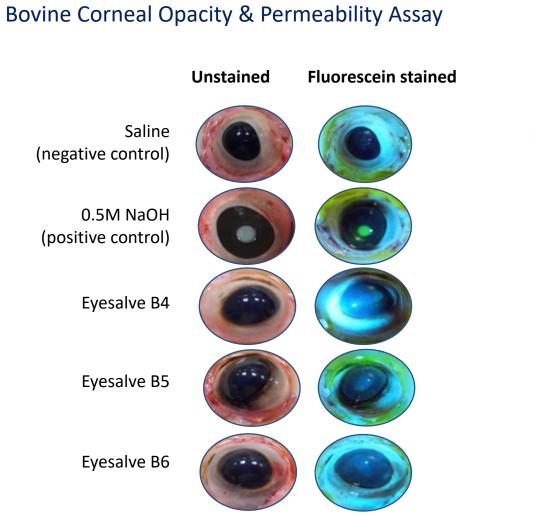
# And crucially... is it safe?



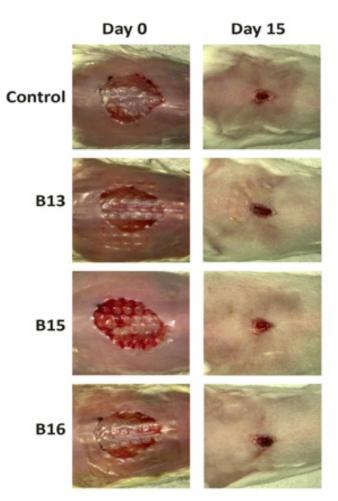
Prof. Lori Snyder & Team, Kingston Univ. London



Dr Kendra Rumbaugh Texas Tech



#### Mouse wound closure



Anonye et al. 2020. Scientific Reports 10:17513

# And crucially... is it safe?

<b>ISRCTN</b> registry				Search	Search		Advanced Search
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#### ISRCTN10773579 https://doi.org/10.1186/ISRCTN10773579

Assessment of the safety of a 'medieval antibiotic' used to treat infected diabetic ulcers on the skin of healthy non-diabetic volunteers

Submission date			
05/01/2021			
Registration date			
08/01/2021			
Last edited			
24/11/2022			

No longer recruiting Overall study status Completed Condition category Infections and Infestations

Recruitment status





Prof. Julie Bruce U. Warwick Dr Blessing Oyedemi U. Warwick

f 🔰 8+

Bruce et al. 2022 *Scientific Reports* 12:19656.

### What next?

#### **Chronic wound infections**



#### **Diabetic ulcer infection**

5.3M people with diabetes worldwide by 2025 10% will get an infected foot/leg ulcer

Venous leg ulcers 2.7M people in Europe

**Pressure sores** 3.7M people in Europe

+ Burns, SSIs, trauma wounds...

- Osteomyelitis, sepsis, death
- Topical/systemic antibiotics + physical treatments
- Extensive antibiotic resistance
- 35% increase in cost of care vs. acute wound
- Annual cost to NHS is £3.2Bn

- Desperate need for new agents to prevent/treat chronic wound infection
- Does Bald's eyesalve include a natural product cocktail we could formulate into an advanced wound dressing?



Tosin Orababa PhD - U. Warwick

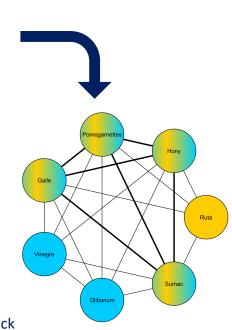
Image: Vascular Society for Great Britain & Ireland

# Where else has this led?

- A broader look at potential "ancientbiotics" from historical medical books
- For humanities colleagues: support for re-evaluating medical texts, work on medical practice and knowledge transmission
- For STEM colleagues: jump-starting the discovery pipeline for natural products with clinical potential

#### **Quantitative research: datamining**





Dr Erin Connelly, U. Warwick Dr Charo Del Genio, U. Coventry Connelly et al. 2020. *mBio* 11:e03136-19

# Qualitative research: how were particular ingredients used?



Dr Christina Lee, U. Nottingham Dr Erin Connelly, U. Warwick Harrison et al. 2022. *Access Microbiology* 4:000336

> Images: Bodleian MS Ashmole 1505; StickPNG

# Latest work: honey & vinegar

- There is a long history of combining vinegar and honey to treat infection seen in our datamining and in texts from around the world, across a long span of history.
- Traditional use evolved into current evidence-based clinical use of acetic acid or medical-grade honeys to treat wounds infected with bacterial biofilm.
- BUT no research into combined acetic acid + honey therapy has been published!



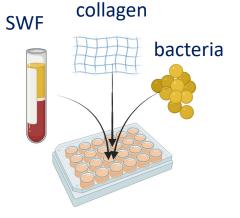
# Latest work: honey & vinegar

MBio, U. Warwick  $\rightarrow$  PhD, NIAB

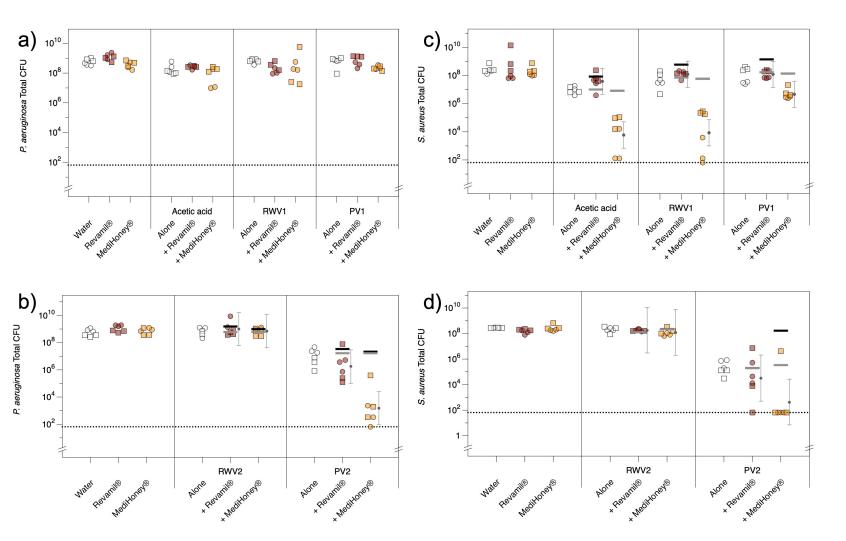
Anisa Blower



Dr Erin Connelly, Dr Chris de Wolf U. Warwick



- *P. aeruginosa* or *S. aureus*
- Treat with sub-bactericidal doses of honey, acetic acid or vinegar
- Alone or combined
- Red wine vinegar or pomegranate vinegar
- Two commercial honey preparations approved for NHS use
- The concentration of acetic acid is consistent across the pure acetic acid and the vinegars



# How can we work effectively across disciplines?



#### Different aims in studying historical remedies

- A pathway to thinking about how medieval physicians practiced
- Does this preparation have any biological activity?
- While these parallel aims are interlinked, they are different
- This has led to some difficulties in trying to communicate to diferent audiences

### Speaking different languages

- Historians of medicine want to explore the social-medical context & capture variations in interpretation
- But scientists want a clear protocol, even though there may not be a "correct" interpretation of a recipe

### Knowledge of how work is done in different fields

- "Does your employer know you're working with dangerous bacteria?"
- "Can't this be done by a scientist with a good dictionary?

### Gatekeeping attitudes

### Difficulties in accessing funding

- Too interdisciplinary fall between the cracks
- (In)appropriate reviewers

# How can we work effectively across disciplines?

#### Very simply: don't stop talking to each other!

- Ask lots of questions
- Be prepared to take your turn at being the dumbest person in the room
- Treat everyone as partners & co-creators, not suppliers of a service
- Support each other to keep going
- Get creative with seeking funding sources



CellPress

Perspective

#### A case study of the Ancientbiotics collaboration

Erin Connelly, <sup>1,4</sup> Christina Lee, <sup>2</sup> Jessica Furner-Pardoe, <sup>1,3</sup> Charo I, del Genio,<sup>4</sup> and Freya Harrison <sup>1</sup>School of Life Sciences, Gibbet Hill Campus, University of Warwick, Coventry CV4 7AL, UK <sup>2</sup>School of English, University Park, University of Nottingham, Nottingham N67 2RD, UK <sup>3</sup>Warwick Medical School, Gibbet Hill Campus, University of Warwick, Coventry CV4 7AL, UK <sup>4</sup>Centre for Fluid and Complex Systems, Coventry University, Coventry CV1 5FB, UK <sup>4</sup>Correspondence: enir.connelly@warwick.ac.uk https://doi.org/10.1016/j.patter.2022.10082

THE BIGGER PICTURE Collaborations that cross traditional boundaries between disciplines in STEM and the arts and humanities open up exciting research possibilities. In our team's case, we combined expertise in historical manuscripts, data science, and microbiology to explore the structure and potential efficacy of historical medical recipes. Such an approach can highlight patterns or questions that a single-disciplinary approach is likely to miss. But learning to speak each other's disciplinary languages is not always easy, and misunderstandings can impede work. Here, we present our own experiences as a case study of how we have learned from each other to ask new questions of our source material and the problems we have had to solve along the way.

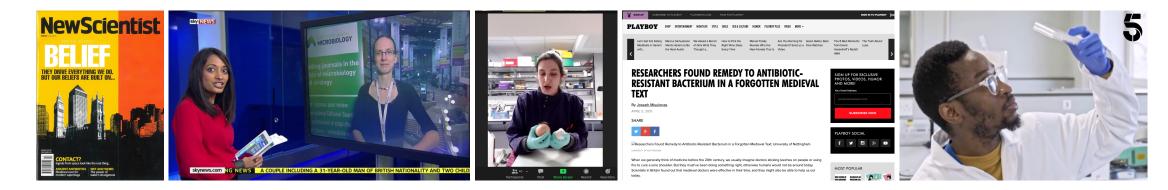
12345 **Development/Pre-production:** Data science output has been rolled out/validated across multiple domains/problems

#### The rewards can be significant and surprising

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View all studies	Why register?	Register your study	Update your record	Report your results	Get help					
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Submission date 05/01/2021 Registration date 08/01/2021 Last edited 24/11/2022	Recruitment st No longer re Overall study s Completed Condition cate Infections an	ruiting tatus				ART WORD WAR				
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Sweet and sour synergy: exploring the antibacterial and antibiofilm activity of acetic acid and vinegar combined with medical-grade honeys										
Freya Harrison <sup>1,*</sup> , Ar	iisa Blower¹, Ch	ristopher de Wolf <sup>1.</sup>	<sup>2</sup> and Erin Connelly <sup>1</sup>	., <b>*</b>		iversity Hospitals and Warwickshire				



# A brilliant topic for outreach/engagement



#### Dialogue is better than monologue!

- Many conversations with members of the public or colleague suggesting different material based on traditional remedies in their families/countries
- Discussions about animal experiments (3Rs is something I personally feel strongly about)
- Engagement with people who may benefit from new antimicrobials, & possibly be involved in trials
- The talk we did for the WI is a prime example of the last point they were key to our Phase I trial

# Educational outreach – science & history

Teachers got in touch to discuss and report back on practical science lessons they had planned and delivered

- collecting plant materials and testing for activity
- making and testing Bald's eyesalve against bacteria using disk diffusion assays.

Teachers & students got in touch to discuss science fair projects and CREST Award projects inspired by our work (UK/USA/Europe)

We worked with The Science Viking, a freelance deliverer of history and science curriculum enrichment activities, to develop demos for use in school events and at the Big Bang Fair

Working with education professionals ensures you are providing useful content.



sveducationalservices.co.uk

# Thanks: the Ancientbiotics consortium

#### Manuscripts



Christina Lee Connelly



Caroline Manuela Petit Marai





Julie Blessing Anonye Bruce



Aled

Kendra **Roberts** 



**Microbes & Safety Tests** 

Lori

Rumbaugh Snyder



Rebecca **Steve** Gabrilska Diggle



Anisa **Blower** 

#### **Molecules**



**Tosin** Jess **Furner-Pardoe** Orababa



de Wolf

#### Maths



Charo **Del Genio** 

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UG students: Anisa Blower, Navneet Jandu, Lauren Johnson, Jenny Littler, Gemma Lunn, Conor Macnab, Jason Millington, Mabel Olonisaye-Collins, Shajini Subhaskaran, Thorulf Vargsen, Kate Willett



Plus crowdfunding from 66 members of the public!